

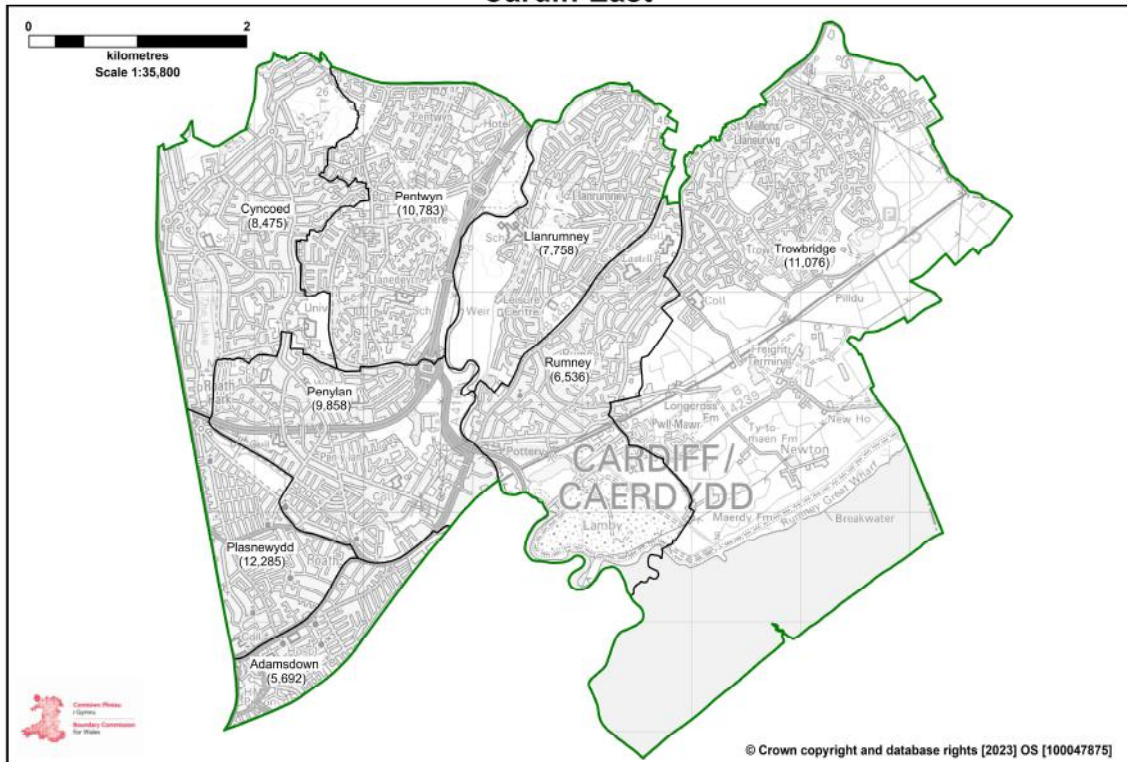
In Cardiff Central

Constituency Boundary Changes

You may have read the news that there've been changes to the UK Parliament's 650 constituencies through an independent Boundary Review. This has been done to equalise, as far as possible, the number of electors in every constituency.

At the next General Election, Cardiff Central constituency will be called Cardiff East constituency and I will be the Welsh Labour candidate for Cardiff East. The ward of Cathays moves into the Cardiff South and Penarth constituency (where the Welsh Labour candidate will be Stephen Doughty). The wards of Rumney, Llanrumney and Trowbridge join Plasnewydd, Adamsdown, Penylan, Cyncoed, Pentwyn and Llanedeyrn wards to form the new constituency of Cardiff East.

Cardiff East



Until the general election, I continue to represent Cardiff Central residents as your MP and if you need help or advice with any issues or queries please do get in touch. Details of my advice surgeries in August are below.

These changes apply only to the UK Parliamentary constituencies. Senedd constituency boundaries are unchanged.

These are my August advice surgery dates. Please call my office on 029 2132 9736 – or email me at jo.stevens.mp@parliament.uk to make an appointment.

- Wednesday 2nd August - Plasnewydd & Roath
- Thursday 3rd August - Adamsdown
- Tuesday 8th August - Pentwyn
- Wednesday 9th August - Penylan
- Thursday 10th August - Cyncoed

My team and I can also help over email and telephone and you're very welcome to get in touch.

Barclays Bank Closure

I met with Barclays Bank early this month to discuss their decision to close their branch on Wellfield Road on 20th October 2023 raising concerns and resolving some queries on behalf of constituents who bank at the branch.

Barclays are required by the regulator to undertake a consultation on the closure, but I was very disappointed to hear that they have no intention of changing their decision. If you are a Barclays customer, there is more information about alternative Barclays banking services in the link below.

[Click here for more information.](#)



St Bernadette's R.C. Primary School Visit to Parliament

It was a pleasure this month to welcome pupils from St Bernadette's R.C. Primary School to Parliament for a tour and a question session at the Parliamentary Education Centre. I thoroughly enjoyed meeting everyone and the questions were excellent.



The Parliamentary Education Centre has now released its autumn term school visit (September-December) sessions. These include a guided tour of the Palace of Westminster and a curriculum-linked workshop.

Bookings can be made by teachers via the following [online portal](#). If your school has booked a slot, please do let me know.

Visit to Speakeasy Law Centre

Speakeasy Law Centre has offered free legal advice for over thirty years, to help resolve problems with debt, welfare benefits, housing and employment law.

It was great to meet Warren to discuss how the cost of living crisis has affected caseloads and to celebrate the news that the centre has secured two Legal Support Grants from the Access to Justice Foundation.

You can read more about their work [here](#).



Cardiff Arcade Walking Tours

Cardiff Central's historic arcades are home to hundreds of independent bars, restaurants and shops. Whether you're a visitor or a resident of Cardiff, our 7 Victorian and Edwardian arcades have something for everyone.

I am really pleased to see Fogos Free Tours and Loving Welsh Food are teaming up to showcase the history, culture and cuisine of this enchanting part of our city centre.

[Click here for more.](#)



A Taste of Sport

This summer Aldi is giving every child in the UK a chance to try an Olympic or Paralympic sport for free.

In partnership with Team GB and Paralympics GB, the 'Get a Taste for Sport' initiative aims to help an estimated 20 million children stay active this summer.

Shoppers who spent more than £30 in store at Aldi up until the end of July received a voucher entitling a child to a free taster session of an Olympic or Paralympic sport of their choosing until July 31st.

Whether you want to give gymnastics a go or have a crack at wheelchair basketball, codes can be redeemed online which will show all the participating clubs nearby and how to book their free place.

Vouchers can be used until 23.59 on 11th September 2023

[Click here for more.](#)

**FREE
SPORTS
SESSION
WITH YOUR
£30
SHOP**

**GET A
TASTE FOR
SPORT**

TEAM GB | ALDI OFFICIAL SUPERMARKET | ParalympicsGB

Ready, Set, Read

The Summer Reading Challenge is underway and it's still not too late for your child to join.

It's free and easy to do and you can read any library books you like.

If you don't have a library card you can join at your local library or use the online joining form [here](#).



Music Tourism Boost for the Welsh Economy

Every year, Cardiff's local economy is boosted by live music and the arrival of music tourists. I've campaigned to promote and protect our live music scene in Cardiff Central throughout my time as your MP.

UK Music's annual report has just been published confirming that in the last year, over half a million music tourists came to Wales. This contributed £218 million to the economy, supporting nearly 2,500 jobs in Wales.

You can read UK Music's report about music tourism's contribution to the economy in full [here](#).



Protecting Your Home During the Holidays

Now that the school term has drawn to a close, some families may be thinking of spending some time away. South Wales Police are running a campaign reminding people of simple tips to keep your home and belongings safe:

- Never leave your front door unlocked.
- Don't leave windows open in unoccupied rooms, especially in those which are easily accessed from public areas.
- Don't leave valuables on show – a burglar likes to know that entering will be worthwhile.
- When sorting the garden ready for the summer, don't leave your equipment out when you are inside or aren't at home - lock it up securely.
- If you're going on holiday and planning to post on social media, ensure your posts aren't public. You may be advertising that your home is empty.
- Also set your burglar alarm if you have one and consider setting lights and/or a radio on a timer.

[Click here for more information on protecting your home from crime.](#)

Barod
am
wyliau?

Holiday
ready?



HAF MWY
DIOGEL
SAFER
SUMMER



HEDDLU DE CYMRU
SOUTH WALES POLICE



CadwDeCymru'nDdiogel

KeepingSouthWalesSafe

Adamsdown Primary School Inspection Report

As a regular visitor to Adamsdown Primary School with local Adamsdown Councillors Owen Llewellyn Jones and Grace Ferguson-Thorne, I'm not in the least bit surprised to read their exemplary Estyn report.

"Staff create a warm and welcoming place where it's diverse school community thrives."

"Pupils are ambitious, respectful and very happy. The strong partnership with parents and nurturing ethos of the school ensure that all pupils feel safe and develop a strong sense of belonging. The thoughtful approach to meeting pupils' individual needs improves their life chances and raises their aspiration."

Congratulations to Headteacher Mrs Emma Thomas and all staff, pupils, parents, carers and governors on an excellent report. You should be rightly proud.

[Read the report in full here.](#)



Cost of Living Advice Hub


The cost of living crisis continues to hit families across Cardiff Central.

I want to make it as easy as possible for residents to access any help you may be entitled to, so I've put together a cost of living advice hub. This includes links to support for gas, electricity and water bills, and any benefits or discounts you may be entitled to.

[Cost of living advice hub](#)

Jo Stevens MP
Cost-of-living Advice

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   @JoStevensLabour

In Parliament

Welsh Questions

At this month's Welsh Questions, I took the opportunity to highlight the success of our Welsh Labour government and our Economy Minister, Vaughan Gething MS, for their success in boosting economic growth in Wales through attracting an additional 3,000 jobs here in the past year.

This is in contrast to the mismanagement of the UK economy by the Conservative UK government and their failures over thirteen years on delivering new energy infrastructure to create jobs, keep bills down and tackle climate change.

[Watch my questions in full here.](#)

Celebrating Women MPs

There have only ever been 561 women MPs elected since some women gained the right to vote in 1918. I'm the 426th woman elected to Parliament. Very few women have been elected in Wales and sadly, Ann Clwyd, the former MP for Cynon Valley recently passed away.

Ann was a trailblazer. As the first woman elected to a South Wales valleys constituency and at one stage the **only** woman MP in Wales, Ann was a powerful and principled campaigner both for her constituents and for the international humanitarian causes that she advocated so effectively for.

I will always remember Ann as a proud Welsh and European woman and will miss her wise and supportive advice.

Watch my tribute in full [here](#).



75 Years of Our NHS

This month, we celebrated the 75th birthday of our National Health Service.

Those values that Aneurin Bevan held so dear - universal health care free at the point of use - are just as important today as they were in 1948.

Labour will always support our NHS.

Watch my tribute at the dispatch box [here](#).



Tory Mortgage Bombshell

Households across the UK work incredibly hard to buy their own homes and pay off their mortgages only to find themselves clobbered by rising interest rates caused by the reckless Tory mini-budget in September.

Labour has urged the Tory Government to take responsibility for its recklessness and introduce mandatory measures on lenders to give mortgage holders the support and reassurance they need.

[Watch my recent Politics Live appearance here.](#)



Tenth Anniversary of the Same Sex Marriages Act

This month marks 10 years since the Same Sex Marriages Act received royal assent. Since then, over 42,000 same-sex marriages have taken place in England and Wales.

Everyone should be allowed to marry the person they love, and I was proud to sponsor an amendment to a Bill that extended this right to couples in Northern Ireland.

Whilst it's important to celebrate these important steps towards equality, the journey isn't yet completed. Labour will build on this legacy and deliver an equal society for all.



Marriage (Same Sex Couples) Act 2013

CHAPTER 30

Explanatory Notes have been produced to assist in the
understanding of this Act and are available separately

Restoring Trust in Politics

The stream of scandals we've seen from this Tory Government have undermined peoples' trust in politicians.

Earlier this month, Labour's Deputy Leader, Angela Rayner announced our plans to introduce an ethics watchdog that will clean up UK politics and restore integrity to our institutions.

[Read our plans in full here.](#)



Fixing Our Broken Economy

The Tories have failed to grow our economy over their thirteen years in power so it isn't really a surprise that we have the highest inflation in the G7.

The UK has low productivity, low wages and low growth but the Prime Minister and his government seems content to let us continue down their path of managed decline

Under a Labour government, we will have a consistent, stable government that will be good for the economy and interest rates, with strong fiscal rules, respect for economic institutions and our Office for Value for Money.

Listen to my recent contribution to Radio 4's Westminster Hour [here](#).

Selby and Ainsty By-Election

On 20th July, voters in Selby and Ainsty called time on Rishi Sunak's Tory Government by electing Labour candidate Keir Mather, in Sunak's backyard in North Yorkshire, with an historic swing of more than 23% from the Tories to Labour.

Selby shows how far the Labour Party can go. We've seen people put their trust in Labour – many for the first time.

It's clear that there are no 'no go' areas for Labour. But there's no room for complacency, we stand ready to fight for every vote in constituencies everywhere.

[Click here to hear my BBC Wales radio interview.](#)



Windrush Day Commemorations

We owe the Windrush Generation a huge debt of gratitude. It was an honour to join Windrush families and Unison members at an event in Parliament this month celebrating the 75th anniversary of their arrival on HMT Windrush.

Many of the Windrush generation have been badly let down by the UK Conservative government's flawed and inhumane immigration policy. In 2018, it emerged that the government had not properly recorded the details of people granted permission to stay in the UK, and many had been wrongly deported.

The next Labour Government will fix the flawed Windrush compensation scheme and ensure those affected by these injustices receive the compensation they are owed and deserve.



Plastic Free July

Last year, I took part in the Big Plastic Count and the results were astonishing. I try very hard to recycle as much as I can and to limit my use of single-use plastics - but sometimes it's unavoidable.

In one week, despite my best efforts, I still used 21 pieces of single-use plastic. That's the equivalent of 1,092 pieces a year.

We've seen a lot of positive action, but the truth is we all need to do more to reduce our dependence on plastics. Small steps make a big difference.

Find out more about how you can reduce your plastic usage [here](#).



**Small steps,
big difference.**

**PLASTIC
FREE JULY**

Join millions of people worldwide choosing to refuse single-use plastic.

PlasticFreeJuly.org

PLASTICFREEJULY.ORG
2023
JOIN THE CHALLENGE

The graphic features a central illustration of four diverse people (a woman with a shopping bag, a man with a water bottle, a woman with a shopping basket, and a man with a baby) standing behind a stylized Earth globe. The background is a light green gradient. The text is in a clean, sans-serif font. The 'PLASTIC FREE JULY' logo includes a small orange sun-like icon. The bottom section has a dark green background with white text.

 **Labour**